

## UPDATE ON TRANSFORMATION OF CHILD, ADOLESCENT & PERINATAL MENTAL HEALTH SERVICES

Joint Health Scrutiny Committee – 10 May 2016

### 1.0 PURPOSE

The purpose of this paper is to update the Committee on Nottinghamshire Healthcare NHS Foundation Trust's transformation proposals for child, adolescent and perinatal mental health inpatient provision.

### 2.0 BACKGROUND

Previous reports presented to the Committee in February 2015 and July 2015 outlined a set of proposals for transforming children, young people and perinatal mental health services.

In summary, the proposals incorporate the development of:

- **Inpatient Child & Adolescent Mental Health Services (CAMHS)** - a new unit, with an increase in the number of beds from 13 (currently at Thorneywood) to 24, plus a new 8 bed Psychiatric Intensive Care Unit (PICU). Plans include the development of an education unit to support children and young people to continue their education whilst admitted to the unit.
- **Perinatal Mental Health Services** - a new Mother and Baby inpatient unit, with an increase in beds from 7 (currently at the Queens Medical Centre) to 8, and new community outpatient facilities for mothers and their babies from the city and south of county.
- **Community Child and Adolescent Mental Health Services (CAMHS)** - new facilities for delivery of community CAMHS services for children and young people from the city and south of county.

Services will be brought together on a single site to create a child and family friendly 'campus', built on the vacant site currently known as the Cedars Rehabilitation Unit, Foster Drive, off Mansfield Road, Nottingham.

The expected benefits of this proposal include:

- Improvements to the quality of care through modern, fit for purpose facilities which are child and family friendly and offer therapeutic, caring environments
- Increased bed capacity for those requiring access to specialist inpatient care, meaning fewer children young people and perinatal women travelling out of area to access specialist care.

## **3.0 PROGRESS UPDATE**

### **Engagement and Consultation**

Engagement and consultation has been and continues to be central to the development of plans. Comprehensive service user, staff and stakeholder engagement activities began in 2014 and a formal three-month public consultation was undertaken between June and September 2015.

This Committee considered the proposals at its meeting on 14 July 2015 and gave its full support.

Findings from the engagement activities and formal consultation demonstrated overwhelming support from a wide range of stakeholders. 85% of respondents in an online survey supported the overall proposal.

Some concerns were noted through the consultation, mostly relating to the need to ensure the new services are properly staffed, that the development is co-designed with service users and partner agencies and the new site is easily accessible with sufficient parking.

All concerns raised are being addressed through appropriate project delivery groups.

The final public consultation report can be found on the Trust website: <http://www.nottinghamshirehealthcare.nhs.uk/proposals-for-camhs-and-perinatal-mental-health-services>

### **Full Business Case**

Following the outcome of the public consultation, a Full Business Case (FBC) was presented to the Trust Board in September 2015 and following careful consideration, approval was granted by the Board of Directors. The approval includes a commitment to new investment totalling £20.9m to deliver the proposals.

### **Planning Permission**

Design plans developed by the Trust and its architect and building partners were submitted to the Nottingham City Planning Committee on 20 January 2016. Plans were unanimously supported resulting in planning permission being granted for the project.

A short 3D fly through of the plans approved by the Planning Committee can be found on the Trust's website: <http://www.nottinghamshirehealthcare.nhs.uk/latest-news/green-light-for-new-children-young-people-and-families-unit--1429>

### **Construction and Service Development Timescales**

Demolition has commenced on-site whilst the Trust finalises contractual arrangements with its building partner. Subject to final agreement, construction completion is estimated for February 2018.

Detailed service development and workforce plans are currently being developed and, subject to construction completion, the Trust expects to commence delivery of services on the new site during Spring 2018.

## **Education Unit**

Officers within the Trust continue to engage positively with Nottingham City Council Education colleagues (responsible for the provision of hospital-based education) in developing plans for the education unit. Funding arrangements for the education provision need to be clarified as soon as possible in order to address and risk to overall delivery of the development. Advice and support is being sought at a national level in order to take this forward, partly linked to the Government's academy agenda.

## **4.0 CONCLUSION**

The Trust has worked in partnership with service users, staff and stakeholders to develop ambitious plans that will significantly improve care quality, patient experience and access to specialist inpatient care for children, young people and perinatal women. Furthermore, these have received unanimous support from stakeholders.

Approval of the FBC and investment by the Trust's Board of Directors and planning permission being granted represents two important milestones that have been achieved. Robust plans are being developed and the Trust is confident that it will successfully deliver the project in order to commence delivery in Spring 2018.

## **5.0 RECOMMENDATIONS**

The Committee is asked to:

1. Note findings from stakeholder engagement and formal public consultation.
2. Consider progress achieved to date.
3. Receive a progress update report at the May 2017 Committee.

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